| Formal Evaluation – University of Ottawa: Citizen Scientist Approach  |  |  |  |  |  |
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| 10 Parts  |  |  |  |  |  |
| The Stronger Together project elected to use an audit tool developed by The Australian Alliance for Social Enterprise (TAASE) at the University of South Australia, called the Citizen Science Approach. We partnered with the University of Ottawa to adapt the tool so that we can measure dementia inclusivity in our communities. |  |  |  |  |  |
| Subject   | Description  | How-to   |  |  |  |
| 1. Background<br>research   | Conducted a review of the scientific<br>and grey literature examining<br>dementia friendly/inclusive<br>communities.   | <ol> <li>Conduct a literature search using a web search engine or comprehensive<br/>e-library e.g. google scholar.</li> <li>Consult with stakeholders in the field e.g. academics, policymakers and<br/>NGOs who may have access to unpublished studies, data and other<br/>relevant documents.</li> </ol> |  |  |  |
| Lessons Learned   | <b>Tip</b> : It is also important to access unpublished reports which may have been conducted by NGOs as they often contain critical information to better inform the process being employed and to understand the target group. |  |  |  |  |
| 2. Ethics Approval  | Submitted and obtained ethical approval to conduct the study from  | <ol> <li>Using the required platform, complete the submission for ethics<br/>approval.</li> </ol>  |  |  |  |

## Playbook

|   | the University of Ottawa's Office of Research Ethics and Integrity.  | <ol> <li>Fill in the required information, e.g. co-investigators and<br/>collaborators, study method, process for receiving informed consent<br/>and ensuring data privacy.</li> </ol>  |
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| Lessons Learned   | The submission for receiving ethics approval should be done as soon as possible to avoid delays  |   |
| 3. Development of<br>working<br>group/steering<br>committee | Create an interdisciplinary committee<br>to guide the process of developing the<br>draft tool to assess the dementia<br>inclusiveness of communities | <ol> <li>Determine key stakeholders and participants in the group.</li> <li>Ensure a variety of expertise in the group whereby participants are<br/>from the fields of public health, marketing, communication,<br/>evaluation, demography and project management.</li> </ol> |
| Lessons Learned   | An interdisciplinary steering/working group is best as it allows key issues to be examined from various perspectives                                 |   |
| 4. Development of<br>draft assessment<br>tool               | Hire a postdoctoral fellow to review<br>existing tools and share them with the<br>group for feedback.  | <ol> <li>Conduct a review of the published literature to identify assessment tools<br/>that focus on older adults.</li> <li>Share reviews and gather feedback from the working group</li> <li>Update/modify questions based on input from the working group.</li> </ol>       |

| Lessons Learned                      | While tools are available to assess age-friendly communities, many tend to be vague and do not expand on key issues older adults face.  |   |
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| 5 Recruitment of                     | Study participants were recruited from  | 1. Using the Dementia Society mailing list, recruit ten persons living with   |
| participants                         | the Ottawa-Renfrew area   | dementia and/or their care partners to take part in the study.  |
| Lessons Learned                      | Reliance to only one resource for recruitment is not advisable. It is best to consider all possible stakeholders and their potential ability to reach the target audience.<br><b>Tip:</b> Consider using social media posts to encourage people to come forward as volunteers |   |
| 6 Participant<br>workshops           | Three consultations were held with<br>participants to introduce them to the<br>concept of the citizen science<br>approach, engage them in finalizing<br>the assessment tool and train them in<br>using the tool on their smartphone.  | <ol> <li>As part of the consent process, participants must agree to participate in<br/>3 mandatory workshops.</li> <li>These workshops occur over a 4 to 5-week period, and each lasts for<br/>approximately 1-1.5 hours.</li> <li>Participants have the option of attending in person or virtually.</li> </ol> |
| Lessons learned                      | Plan workshops in advance and ensure that the facilities meet all required criteria e.g. for covid-19   |   |
| 7 Finalization of<br>assessment tool | This activity is linked to #6   | 1. In workshop 2, assist participants in downloading the assessment tool to their smart devices.  |
|                                      | Between Workshop 2 and 3,<br>participants can test the draft<br>assessment tool and to provide  | 2. Go over how to use the tool and how to overcome common issues they may face e.g. while uploading photos or recording audio.  |

## Playbook

| Lessons Learned            | <ul> <li>feedback to the research team. This feedback is then used to finalize the tool and tested in Workshop 3.</li> <li>Introduce new concepts slowly an Allow adequate time for participants to</li> </ul>   | <ul> <li>3. Ask participants to pilot the tool as they go about their daily activities for a 1 to 2-week period and to provide feedback to the research team either in person or via telephone/virtually.</li> <li>and utilize a step-by-step approach in reviewing the tool with participants.</li> <li>b pilot the tool and provide feedback in each setting.</li> </ul> |
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| 8 Piloting/Data collection | Participants piloted the tool while<br>going about their daily lives in their<br>communities. The tool audits indoor<br>areas, outdoor areas, and transport<br>services.   | <ol> <li>A Qualtrics survey link was provided to all participants, who then use it to audit/assess their experience at a place in their community that they have visited.</li> <li>Participants were guided through a series of questions, and their responses were automatically stored once submitted.</li> </ol>  |
| Lessons Learned            | <ul> <li>It is best to ask participants to conduct at least two to three audits per week as they go about their daily routine, as this will help to ensure sufficient data collection.</li> <li>In addition, participants should be encouraged to assess a variety of areas e.g. both indoor and outdoor areas.</li> </ul> |  |
| 9 Data analysis            | After the data collection process is<br>complete, stored data is cleaned,<br>coded and analyzed using a statistical<br>software package e.g. SPSS.   | 1. Using a statistical software package, both quantitative and qualitative analyses are conducted  |

| Lessons Learned    | Clean data and analyze responses on a rolling basis which allows for any issues to be resolved in a timely manner<br>and helps to ensure that project deadlines are met.   |   |
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| 10                 | Data dissemination occurs throughout   | 1. Plan and conduct a few webinars/information sessions in collaboration    |
| Dissemination/Kno  | the course of the study in the following   | with a trusted partner organization who have a vested interest in the topic |
| wledge translation | ways:  | and a wide reach.   |
| activities         | <ol> <li>Webinar targeting the general<br/>public describing the project and<br/>the citizen science approach.</li> <li>Webinar to share study findings.</li> <li>Two conference presentations –<br/>one national and one<br/>international</li> </ol> |   |
| Lessons learned    | Pay close attention to the key dates for webinar and conference submissions to ensure that at least preliminary results are available  |   |