



Social Media Toolkit





DATE 21 September



2327 St. Laurent Blvd. Ottawa

Dementia can be isolating and overwhelming, whether you are living with it yourself, or supporting someone else. The Dementia Society of Ottawa and Renfrew County exists so that here, no one faces dementia alone.

Choosing to support our community of thousands facing dementia is an important step to making a difference.

The following tips and tools can help you to kickstart your efforts. Thank you for taking this first meaningful step!

Download the Social Media Toolkit online at DementiaHelp.ca/Walk

Marketing Tools

We have a variety of marketing tools to help you spread the word, connect with potential donors, and achieve your fundraising goals. The Walk for Dementia logo, print-on-demand pledge form, and poster are available on the Walk for Dementia site at www.DementiaHelp.ca/Walk.

Click the images below to download a copy.

Social Media



Write a personalized caption and use the hashtags below to share your support for our shared mission: #WalkForDementia #WFD2025

#DementiaAwareness

Location

Email signature/Banner

l am participating in the 2025 Walk for Dementia



Sunday, 21st September, 2025 10:00 AM - 1:00 PM

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2327 St. Laurent Blvd, Unit 500 Ottawa, ON, K1G 4J8



@thedementiasociety 👔 🕞 🔘 🕅