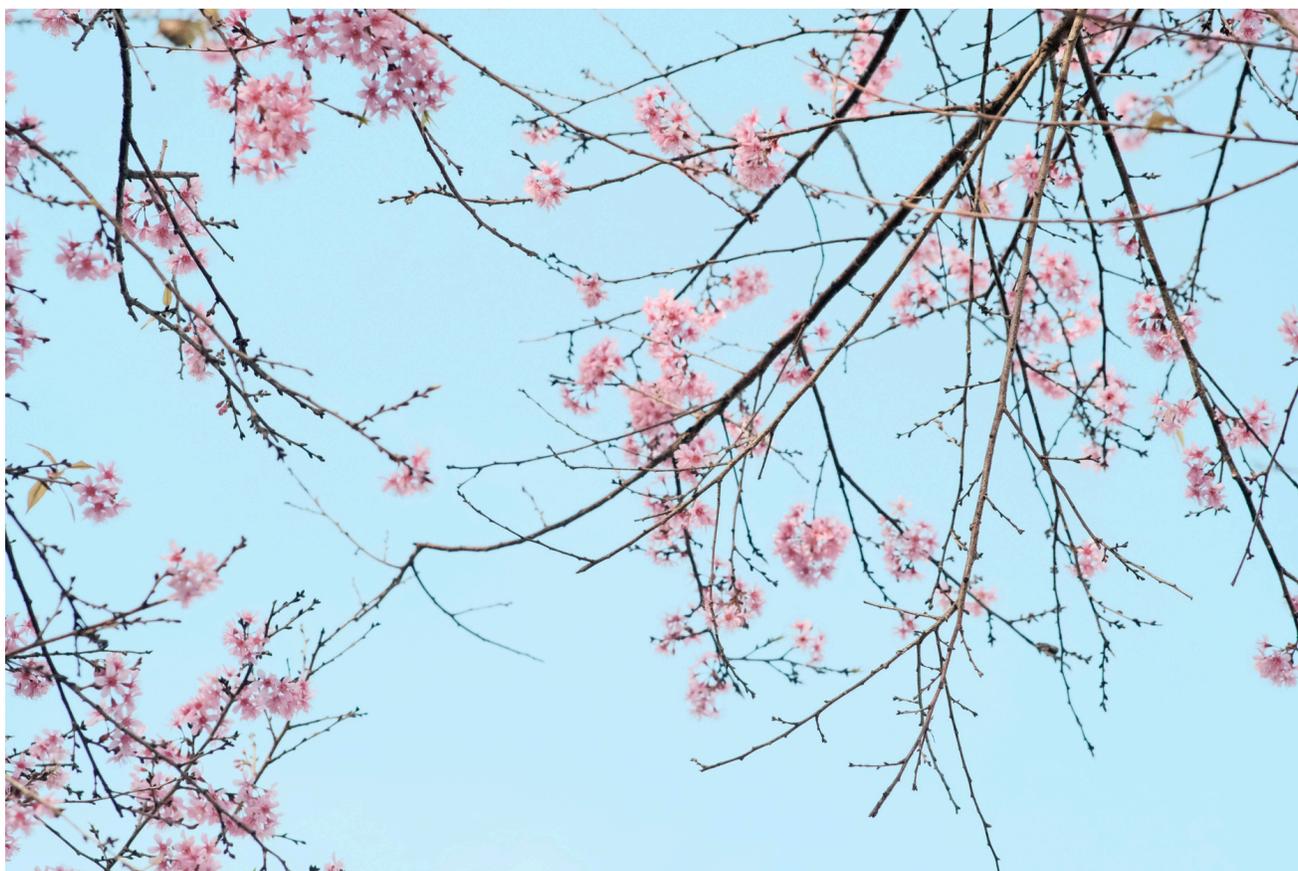


# April 2026

# avril 2026



[www.DementiaHelp.ca](http://www.DementiaHelp.ca)

The  
**Dementia  
Society**  
Ottawa and Renfrew County



La  
**Société de la  
démence**  
Ottawa et comté de Renfrew



**April 2026 | avril 2026**

**Educational Programs | Programmes éducatifs**

Name of the Event	Date and Time	Program Format	Registration
<b>Dementia Basics - 4 part series</b>	Wednesday April 1, 8, 15 and 22 6:00pm to 8:00pm	Virtual	<a href="#"><u>Learn More</u></a>
<b>Au-delà des comportements -</b>	jeudi 2 et 9 avril 10h00 à 12h00	En-Personne	<a href="#"><u>Apprendre Plus</u></a>

To register, click on the activity on the page, or visit: [DementiaHelp.ca/activities](https://DementiaHelp.ca/activities) or [DementiaHelp.ca/education](https://DementiaHelp.ca/education)

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April 2026 | avril 2026

Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
<b>Turquoise Virtual with Sid</b>	Mondays 10:30am - 12:00pm	Virtual	<a href="#">Learn More</a>
<b>Let's Get Moving with Bea Alt</b>	Tuesdays 1:00pm - 2:00pm	Virtual	<a href="#">Learn More</a>
<b>Musical Connections: Arabian Tunes - in Arabic</b>	Wednesday April 1 6:00pm - 8:00pm	Virtual	<a href="#">Learn More</a>
<b>Daisy on the Go in Renfrew County</b>	Friday April 10, 17 and 24	In-person	<a href="#">Learn More</a>

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April 2026 | avril 2026

Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
<b>Music and Movement</b>	Mondays 10:30am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>Connect with Obie</b>	Book a 45 minute session on our website!	In-person	<a href="#">Learn More</a>
<b>Joyful Sound Ottawa Choir Concert</b>	Saturday May 2nd 11:00am - 12:00pm	In-person	<a href="#">Learn More</a>

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# April 2026 | avril 2026

## Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
<b>Connect with Art: SPARK!</b>	Tuesday April 7 1:30pm - 3:00pm	In-Person	<a href="#">Learn More</a>
<b>Connect with Art: SPARK!@Home</b>	Monday April 13 1:00pm - 2:00pm	Virtual	<a href="#">Learn More</a>
<b>Interagir avec L'art: Rayon d'art</b>	mardi 21 avril 13h30 à 15h00	En-personne	<a href="#">Apprendre Plus</a>
<b>Interagir avec L'art: Rayon d'art à la maison</b>	lundi 27 avril 13h00 à 14h00	Virtuel	<a href="#">Apprendre Plus</a>

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# April 2026 | avril 2026

In-Person Caregiver Support Groups

Groupe de soutien pour proches aidants en personne

Name of the Event	Date and Time	Program Format	Registration
<b>Groupe soutien pour proches aidants à Orléans</b>	mardi 7 avril 10h00 à 12h00	En-personne	<a href="#">Apprendre Plus</a>
<b>In-Person Support Group in Kanata</b>	Friday April 10 10:00am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>In-Person Support Group at The Dementia Society Centre</b>	Wednesday April 15 10:00am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>In-Person Support Group at the Aline-Chrétien Health Hub in Orléans</b>	Thursday April 23 10:00am - 12:00pm	In-person	<a href="#">Learn More</a>

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# April 2026 | avril 2026

Virtual Caregiver Support Groups

Groupe de soutien pour proches aidants virtuels

Name of the Event	Date and Time	Program Format	Registration
<b>Caregiver Support Group: Tuesdays</b>	Tuesdays 10:00am - 12:00pm	Virtual	<a href="#">Learn More</a>
<b>Caregiver Support Group: Wednesdays</b>	Wednesday April 8 and 22 6:30pm - 8:30pm	Virtual	<a href="#">Learn More</a>
<b>Caregiver Support Group: Thursdays</b>	Thursdays 1:00pm - 3:00pm	Virtual	<a href="#">Learn More</a>
<b>Long Term Care &amp; Retirement Home Support Group</b>	Wednesday April 8 2:00pm - 3:30pm	Virtual	<a href="#">Learn More</a>
<b>Young Caregiver Virtual Support Group</b>	Thursday April 16 6:30pm - 8:30pm	Virtual	<a href="#">Learn More</a>

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# April 2026 | avril 2026

Renfrew County Support Groups

Groupes de soutien du comté de Renfrew

Name of the Event	Date and Time	Program Format	Registration
<b>Renfrew Coffee Club</b>	Thursday April 2 10:00am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>Barry's Bay Memory Café</b>	Tuesday April 14 10:30am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>Arnprior Coffee Club</b>	Tuesday April 28 10:30am - 12:00pm	In-person	<a href="#">Learn More</a>
<b>Marianhill Caregiver Support Group in Pembroke</b>	Wednesday April 15 10:30am - 12:00pm	In-person	<a href="#">Learn More</a>

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