

May 2026

mai 2026



www.DementiaHelp.ca

The
**Dementia
Society**
Ottawa and Renfrew County



La
**Soci t  de la
d mence**
Ottawa et comt  de Renfrew



May & June 2026 | mai et juin 2026

Educational Programs | Programmes éducatifs

Name of the Event	Date and Time	Program Format	Registration
Supporting Dementia in Kanata	Monday May 4 th and 11 th 1:00pm - 3:00pm	In-person	Learn More
Coming in June:			
Premières connexions à Orléans - en français	jeudi 11 et 18 juin 10h00 à 12h00	En-personne	Apprendre Plus
Supporting Dementia in Arnprior	Monday June 1 st and 8 th 10h00 à 12h00	In-person	Learn More
Advanced Care Planning Workshop	Monday June 15 th 1:00pm - 3:00pm	In-person	Learn More

To register, click on the activity on the page, or visit: DementiaHelp.ca/activities or DementiaHelp.ca/education

Pour vous inscrire, cliquez sur l'activité sur la page, ou visitez le site DementiaHelp.ca/fr/activities/ ou DementiaHelp.ca/fr/education





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Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
Turquoise Virtual with Sid	Mondays 10:30am - 12:00pm	Virtual	Learn More
Music and Movement	Mondays 10:30am - 11:30pm	In-person	Learn More
Let's Get Moving with Bea Alt	Tuesdays 1:00pm - 2:00pm	Virtual	Learn More
Daisy on the Go in Renfrew County	Every Friday in May & Tuesday May 12 th	In-person	Learn More

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Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
Joyful Sound Ottawa Choir Concert	Saturday May 2nd 11:00am - 12:00pm	In-person	Learn More
Brunch Club	Tuesday May 5 th 10:00am - 12:00pm	In-person	Learn More
Musical Connections: Arabian Tunes - in Arabic	Wednesday May 6 th 6:00pm - 8:00pm	Virtual	Learn More
Connect with Obie	Book a 45 minute session on our website!	In-person	Learn More

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Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
Daisy Café	Thursday May 7 th and 21 st 1:00pm - 3:00pm	In-Person	Learn More
Coming in June:			
Café Marguerite - en français	jeudi 11 et 25 juin 13h00 à 15h00	En-personne	Apprendre Plus

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Social Programs | Programmes sociaux

Name of the Event	Date and Time	Program Format	Registration
Connect with Art: SPARK!	Tuesday May 5 th 1:30pm - 3:00pm	In-Person	Learn More
Connect with Art: SPARK!@Home	Monday May 11 th 1:00pm - 2:00pm	Virtual	Learn More
Interagir avec L'art: Rayon d'art	mardi 19 mai 13h30 à 15h00	En-personne	Apprendre Plus
Interagir avec L'art: Rayon d'art à la maison	lundi 25 mai 13h00 à 14h00	Virtuel	Apprendre Plus

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In-Person Caregiver Support Groups

Groupe de soutien pour proches aidants en personne

Name of the Event	Date and Time	Program Format	Registration
Groupe soutien pour proches aidants à Orléans	mardi 5 mai 10h00 à 12h00	En-personne	Apprendre Plus
In-Person Support Group in Kanata	Friday May 8 th 10:00am - 12:00pm	In-person	Learn More
In-Person Support Group at The Dementia Society Centre	Wednesday May 20 th 10:00am - 12:00pm	In-person	Learn More
In-Person Support Group at the Aline-Chrétien Health Hub in Orléans	Thursday May 28 th 10:00am - 12:00pm	In-person	Learn More

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Virtual Caregiver Support Groups

Groupe de soutien pour proches aidants virtuels

Name of the Event	Date and Time	Program Format	Registration
Caregiver Support Group: Tuesdays	Tuesdays 10:00am - 12:00pm	Virtual	Learn More
Caregiver Support Group: Wednesdays	Wednesday May 13 th and 27 th 6:30pm - 8:30pm	Virtual	Learn More
Caregiver Support Group: Thursdays	Thursdays 1:00pm - 3:00pm	Virtual	Learn More
Long Term Care & Retirement Home Support Group	Wednesday May 13 th 2:00pm - 3:30pm	Virtual	Learn More
Young Caregiver Virtual Support Group	Thursday May 21 st 6:30pm - 8:30pm	Virtual	Learn More

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Renfrew County Support Groups

Groupes de soutien du comté de Renfrew

Name of the Event	Date and Time	Program Format	Registration
Renfrew Coffee Club	Thursday May 7 th 10:00am - 12:00pm	In-person	Learn More
Barry's Bay Memory Café	Tuesday May 12 th 10:30am - 12:00pm	In-person	Learn More
Arnprior Coffee Club	Tuesday May 26 th 10:30am - 12:00pm	In-person	Learn More
Marianhill Caregiver Support Group in Pembroke	Wednesday May 20 th 10:30am - 12:00pm	In-person	Learn More

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