

# MY WEEKLY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Word search	Bath	Read the newspaper	Coffee Club	Bath	Craft Group	Music show
<b>Afternoon</b>	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Go for a walk	Go for a walk	Go for a walk	Go for a walk	Go for a walk	Exercise Group	Go for a walk
	Trivia questions	Virtual chat with family	Baking Group	Make floral centerpiece	Look at photo album		Play board game
	Nap	Nap	Nap	Nap	Nap	Nap	Nap
<b>Evening</b>	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner with family
	Read	Play cards with friends	Puzzles	Read	Listen to music	Movie Night	