



The
**Dementia
Society**
Ottawa and Renfrew County

SCHEDULE AND REGISTRATION:

VIRTUAL SUPPORT GROUPS **OCTOBER 2021**



Virtual Caregiver Support Groups

Tuesdays, 10:00AM—12:00PM

October 5th

October 12th

October 19th

October 26th

Register [here](#)

Wednesdays, 6:30PM—8:30PM

October 6st

October 13th

October 20th

October 27th

Register [here](#)

Thursdays, 1:00PM—3:00PM

October 7th

October 14th

October 21st

October 28st

Register [here](#)



OCTOBER 2021

Grief Peer Virtual Support Group

6:30PM—8:30PM

October 12th

Register [here](#)

Groupe Soutien pour proches aidants

13:00—15:00

12 octobre

Inscrivez-vous [ici](#)

LTC and Retirement Home Virtual Support Group

2:00PM—3:30PM

October 13th

Register [here](#)

Younger Caregiver Virtual Support Group

6:30PM—8:30PM

October 21st

Register [here](#)

Arabic Community Virtual Support Group

5:30PM—7:30PM

October 26th

Register [here](#)

Saturday "Coffee and Support Group"

Saturdays, 10:00AM—10:30AM

October 2nd

October 9th

October 16th

October 23rd

October 30th

Register [here](#)



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**SCHEDULE AND REGISTRATION:
IN-PERSON SUPPORT GROUPS
INDOOR**

OCTOBER 2021



**Caregiver Support Groups indoor
Ottawa East-Fridays 10:00AM—12:00PM**

October 8st

Register [here](#)

Ottawa West, Friday 10:00AM—12:00PM

October 15th

Register [here](#)

October 22nd

Register [here](#)

Ottawa South, Friday 10:00AM—12:00PM

October 29th

Register [here](#)