



The
**Dementia
Society**
Ottawa and Renfrew County

June 2020 Support Groups - Ottawa

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Caregiver Support Group 10:00am-12:00pm</p>			
	<p>8 Support Groups 10:00am-12:00pm Belfast Rural Ottawa South</p> <p>Caregiver Support Group (FRENCH) 13:00-15:00</p>	<p>9 Caregiver Support Group (LTC and Retirement Home) 2:00-3:30pm</p> <p>Caregiver Support Group 6:30-8:30pm</p>		
<p>Caregiver Support Group 1:00-3:00pm</p>	<p>15 Caregiver Support Group 1:30-3:00pm</p>		<p>17 Caregiver Support Group 6:30-8:30pm</p> <p>Caregiver Support Group 6:30-8:30pm</p>	
	<p>22 Caregiver Support Group 10:00am-12:00pm</p> <p>Caregiver Support Group (ARABIC) 5:30-7:30pm</p>	<p>23 Caregiver Support Group 6:30-8:30pm</p>		

Please click on the Support Group for registration and details on how to join virtually.
You can also visit us at www.dementiahelp.ca for more information, or call us at 613-523-4004.