



The
**Dementia
Society**
Ottawa and Renfrew County

SCHEDULE AND REGISTRATION:

VIRTUAL SUPPORT GROUPS **SEPTEMBER 2021**



Virtual Caregiver Support Groups

Tuesdays, 10:00AM—12:00PM

September 7rd

September 14th

September 21th

September 28th

Register [here](#)

Wednesdays, 6:30PM—8:30PM

September 1st

September 8th

September 15th

September 22th

September 29th

Register [here](#)

Thursdays, 1:00PM—3:00PM

September 2th

September 9th

September 16nd

September 23rd

September 30th

Register [here](#)



SEPTEMBER 2021

Grief Peer Virtual Support Group 6:30PM—8:30PM

September 14th

Register [here](#)

Groupe Soutien pour proches aidants 13:00—15:00

14 septembre

Inscrivez-vous [ici](#)

LTC and Retirement Home Virtual Support Group 2:00PM—3:30PM

September 8th

Register [here](#)

Younger Caregiver Virtual Support Group 6:30PM—8:30PM

September 16th

Register [here](#)

Arabic Community Virtual Support Group 5:30PM—7:30PM

September 28th

Register [here](#)

Saturday "Coffee and Support Group" Saturdays, 10:00AM—10:30AM

September 4th

September 11th

September 18th

September 25th

Register [here](#)



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**SCHEDULE AND REGISTRATION:
IN-PERSON SUPPORT GROUPS
AT A PARK**
SEPTEMBER



Caregiver Support Groups at a Park

Ottawa West-Fridays 10:00AM—12:00PM

September 3rd

Register [here](#)

September 10th

Register [here](#)

Ottawa South, Friday 10:00AM—12:00PM

September 17th

Register [here](#)

Ottawa East, Friday 10:00AM—12:00PM

September 24th

Register [here](#)