



The
**Dementia
Society**
Ottawa and Renfrew County

SCHEDULE AND REGISTRATION:

VIRTUAL SUPPORT GROUPS **JANUARY 2022**



Virtual Caregiver Support Groups

Tuesdays, 10:00AM—12:00PM

January 4th

January 11th

January 18th

January 25th

Register [here](#)

Wednesdays, 6:30PM—8:30PM

January 5th

January 12th

January 19th

January 26th

Register [here](#)

Thursdays, 1:00PM—3:00PM

January 6th

January 13th

January 20th

January 27th

Register [here](#)



JANUARY 2022

Grief and Loss Peer Support Group 6:30PM—8:30PM

January 11th

Register [here](#)

Groupe Soutien pour proches aidants 13:00—15:00

11 janvier

Inscrivez-vous [ici](#)

LTC and Retirement Home Virtual Support Group 2:00PM—3:30PM

January 12th

Register [here](#)

Younger Caregiver Virtual Support Group 6:30PM—8:30PM

January 20th

Register [here](#)

Multicultural Virtual Support Group 4:00PM—7:00PM

January 20th

Register [here](#)

Saturday "Coffee and Support Group" Saturdays, 10:00AM—10:30AM

January 8th

January 15th

January 22nd

January 29th

Register [here](#)





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**SCHEDULE AND REGISTRATION:
VIRTUAL SUPPORT GROUPS
FRIDAYS**

JANUARY 2022



Virtual Caregiver Support Groups

Friday 10:00AM—12:00PM

January 7th

Register [here](#)

Friday 10:00AM—12:00PM

January 14th

Register [here](#)

Friday 10:00AM—12:00PM

January 21st

Register [here](#)

Friday 10:00AM—12:00PM

January 28th

Register [here](#)

IMPORTANT: Due to the current COVID situation, all in-person Friday Support Groups will be taking place online during January 2022.